

The West Side Tennis Club 2009 Summer Junior Camp

The West Side Tennis Club, former home of the U.S. Open for 60 years, is a world-class facility with 39 courts. Your children can play on all four surfaces: Har-Tru, Deco-Turf, red clay and grass. Year-round, juniors are offered inter-Club team competition. They enjoy an extremely favorable player to pro ratio; we strive to have 4-6 players per court.

The Junior Tennis Camp is personally supervised by our Tennis Director, Bob Ingersole and Junior Program Director, Thomas Gilliland and is staffed by USPTA and PTR certified professionals. Bob is a former world-ranked player who has coached hundreds of sectional and national ranked juniors. He was selected to participate in the first USTA Elite Coaches program and has completed all levels of the USTA Sports Science Competency exams.

Excel Junior Camp

❖ Warm-up & Technical Instruction	9:00 – 10:30
❖ Snack	10:30 – 10:45
❖ Tactical Instructions	10:45 – 12:15
❖ Lunch	12:15 – 1:00
❖ Pool & Match Play	1:00 – 3:00
❖ Games	3:00 – 3:30
❖ Snack	3:30–3:45
❖ Check out & Dismissal	3:45 – 4:00

Elite Junior Camp

Schedule same as Excel Camp but also includes:

❖ Five ½ hr Conditioning sessions based on anaerobic exercise critical to developing strength and flexibility to enhance foot speed, balance, strength, reaction time and prevent injury
❖ Video Tape Analysis
❖ Discounts on Private Lessons
❖ FREE walk-on Court Time
❖ Professionally Critiqued Match Play
❖ Doubles Strategy
❖ Trips to Endorsement Tournaments
❖ Sport Psychology Seminars & Workshops
❖ Challenge Matches with other Clubs
❖ USTA Team Tennis

Transportation to and from various locations in Queens(\$150) and Manhattan(\$175) is available. Must be registered the Thursday before attendance begins. A nominal surcharge may be added for longer distances.

REGISTRATION FORM

CAMP FEES:

Full Week/Full Day: Club Members: \$350, Non-members: \$525
Single Days: Club Members: \$100, Non-members: \$135
Half Days: Club Members: \$60, Non-members: \$100
(Half Days Do Not Include Lunch).

SESSION:	Fee	SESSION:	Fee
June 8- 12	\$ _____	July 20 – 24	\$ _____
June 15 - 19	\$ _____	July 27–31	\$ _____
June 22 – 26	\$ _____	Aug. 3 – 7	\$ _____
Jun 29 -Jul 3	\$ _____	Aug. 10 – 14	\$ _____
July 6 - 10	\$ _____	Aug. 17 – 21	\$ _____
July 13 - 17	\$ _____	Aug. 24 – 28	\$ _____
		Aug.31 –Sept.4	\$ _____

Total: \$ _____

Transportation: Queens Manhattan None (circle one)

Please contact for central pick up location

TERMS AND CONDITIONS: A 1/3 deposit must accompany your application. Balance is to be paid prior to Camp attendance. By signing below, I acknowledge the TERMS AND CONDITIONS as stated. The Camp has my consent to escort my child on authorized field trips off Club property. *Please Note: The West Side Tennis club has an all white dress code.* There is a 10% discount for additional children from the same immediate family. All children must come the same weeks. There is a 10% discount for additional weeks after the first week. All weeks must be paid for in full before the first week begins. Discounts cannot be combined and do not apply to transportation. **Maximum of 10% discount.**

METHOD OF PAYMENT:

- Club Account (member discount will be automatically applied) MEMBERSHIP # _____
 - Check (Please make payable to The West Side Tennis Club)
 - Visa, MasterCard (Circle one and present card with application for processing)
- Credit Card# _____ EXP. Date _____

Signature _____