



Adult Programs

2010 Summer Season

Sunday	Doubles Workout	8:30 – 10:00 AM
Sunday	4:1 Beginner Intensive Group Instr.	1:00 – 2:30 PM
Sunday	4:1 Adv. Beg./Interm. Intens. Group Instr.	2:30 – 4:00 PM
Sunday	*Afternoon Doubles Scramble (Members Only)Free	3:00 – 5:00 PM
Monday	Women's Singles Coach & Play	8:30 – 10:00 AM
Monday	Women's Tennis Academy	10:00 – 12:00 PM 12:00 – 2:00 PM
Wednesday	Doubles Workout	6:00 – 7:30 PM
Thursday	Women's Tennis Academy	
	Level 3.0	8:30 – 10:00 AM
	Level 3.5 – 4.0	10:00 – 12:00 PM
	Level 4.0 – 4.5	12:00 – 2:00 PM
Friday	Doubles Workout	12:00 – 1:30 PM
Friday	*Twilight Tennis (Members Only)Free	6:00 – 7:30 PM
Saturday	Doubles Workout	8:30 – 10:00 AM
Saturday	*Doubles Mixer (Members Only)Free	1:30 – 3:00 PM
Adult Camps	Tuesday, August 3 - Friday, August 6	2:00 – 6:00 PM
	Pricing for camp	\$300/wk or \$100/day per member \$360/wk or \$115/day per non-member

All programs are \$30 per member or \$45 per non-member unless otherwise indicated.

Special Discount!

Pre-book 4 specific dates for one program in advance and receive the special price of \$100 per member or \$150 per non-member.

All adult programs MUST be signed up for at least 24 hours in advance. 24 hours notice must be given for all cancellations. Late Cancellations will be charged in full.

Book all programs with the Pro Shop staff at (718) 268-2300 X127

“Have you played Forest Hills?” Visit our website at www.foresthillstennis.com